



WORKERS' COMPENSATION MANAGEMENT BUREAU

MONTANA DEPARTMENT OF ADMINISTRATION

November Safety Tip

November is Fall Prevention Month

Now is a good time to focus on reducing the risk of slips, trips, and falls in the workplace. Keep reading for some practical fall prevention tips.



Good Housekeeping

- Sand, salt, or cat litter placed by all entrances
- Clean spills immediately
- Secure mats, rugs, and carpets with double-sided tape, Velcro, or rug anchors
- Cover cables with bridges, mats, or sleeves across main walkways
- Replace burnt out light bulbs to ensure proper lighting

Proper Footwear

- Wear footwear that is appropriate for the task
- Wear footwear that coincides with weather conditions

Durable, Slip-Resistant Flooring

- Place heated snow melting mats at building entrances
- Install abrasive strips for traction
- Repair or replace flooring when needed

- Use "Wet Floor" signs to alert employees and visitors when needed
- Clearly mark and identify changes in floor elevation

Fall Protection Program

Minimize the risk of height-related falls by implementing a comprehensive fall protection program, which should include:

- Procedures for selecting, inspecting, and fitting equipment
- Each type of fall hazard has an established procedure
- Never use a chair or box in place of a ladder or step stool

After implementing these prevention strategies, you can monitor effectiveness by tracking how well workplace surfaces, equipment, and processes are maintained, as well as continuing to share information and train employees.

Keep safety in mind every step of the way. [WCMB](#) is here to help you establish or update a fall protection program.

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