



WORKERS' COMPENSATION MANAGEMENT BUREAU

MONTANA DEPARTMENT OF ADMINISTRATION

August 1, 2024

AUGUST SAFETY TIP

National Traffic Awareness Month

Traffic-related accidents remain a significant cause of injury and death worldwide and can be prevented by paying attention and following safety guidelines. Encourage traffic awareness and safety by sharing the following tips at your next agency safety meeting.



Photo credit: National Highway Traffic Safety Administration

Driving Safety

Prevent Distracted and Impaired Driving

Commit to focusing solely on the road while driving; even brief distractions can have devastating consequences.

- Be aware of your surroundings
- Plan ahead and allow extra travel time
- Stay off your cell phone while operating a vehicle
- Drive sober

Signal Your Intentions

- Signal before turning or changing lanes
- Check your blind spots before making any lane changes
- Use your turn signal even when you don't see any cars around

Pedestrian Safety

- Pedestrians generally have the right-of-way
- Yield to pedestrians in crosswalks
- Be extra cautious in areas with heavy foot traffic and be prepared to stop suddenly
- Be mindful of bicyclists and pay attention to the existence of a bike lane

Obey Posted Speed Limits

- Higher speeds result in greater impact at the time of a crash leading to increased injuries and fatalities
- Stay at least 2 seconds behind the vehicle in front and allow more distance at night or in bad weather

Buckle Up

- Seat belts prevent occupants from being tossed on impact
- Seat belts save lives

Traffic safety is everyone's responsibility. For assistance educating employees about traffic safety, WCMB can help. Email us at WCMB@mt.gov.

WORKERS' COMPENSATION MANAGEMENT BUREAU

MONTANA DEPARTMENT OF ADMINISTRATION

(800) 287-8266 | TTY (406) 444-1421 | WCMB@mt.gov

100 N. Park Ave. Suite 320 | PO Box 200130 | Helena, MT 59620-0130

Non-Discrimination Notice: The State of Montana Benefit Plan complies with applicable Federal civil rights laws, state and local laws, rules, policies and executive orders and does not discriminate on the basis of race, color, sex, pregnancy, childbirth or medical conditions related to pregnancy or childbirth, political or religious affiliation or ideas, culture, creed, social origin or condition, genetic information, sexual orientation, gender identity or expression, national origin, ancestry, age, disability, military service or veteran status or marital status. 45 C.F.R. § 92.8(b)(1) and (d)(1)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-270-3877 (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-866-270-3877 (TTY: 711).

This service is provided to you at no charge by [State of Montana Health Care & Benefits Division \[links-1.govdelivery.com\]](https://links-1.govdelivery.com).