



January 6, 2024

January Safety Tip

Winter Driving Safety Tips

Before heading out this winter, it's important to prepare for the hazards of icy roads, reduced visibility, and unpredictable weather. Keep reading for key safety tips to help ensure a safe trip.



The Three P's of Safe Winter Driving

The "Three P's of Safe Winter Driving"—**Prepare**, **Protect**, and **Prevent**—are essential guidelines for safe travel during winter conditions.

PREPARE

- Before hitting the road, check the condition of your vehicle including battery, tire tread and pressure, windshield wipers, and washer fluid.
- Plan your route, allow extra time, and keep your gas tank at least a quarter full.
- Carry emergency supplies like a flashlight, jumper cables, sand/kitty litter, shovel, snow brush, and ice scraper. For long trips, include food, water, and medications.

PROTECT

- Ensure your headlights are clean and your defroster is working.
- Check that all vehicle lights are functioning before departure.
- If stopped or stranded, stay inside the vehicle.

PREVENT

- Drive slower on wet or icy roads, especially on bridges or shaded areas.
- Increase your following distance, use low gears on hills, and stay calm if you skid.
- Avoid distractions and never drive under the influence.

By preparing your vehicle, protecting yourself with proper precautions, and preventing accidents through careful driving, you can significantly reduce the risks associated with winter roads and adverse weather.

Keep safety in mind every step of the way. [WCMB](#) is here to help you establish or update a winter driving procedures.

WORKERS' COMPENSATION MANAGEMENT BUREAU

MONTANA DEPARTMENT OF ADMINISTRATION

(800) 287-8266 | TTY (406) 444-1421 | WCMB@mt.gov

100 N. Park Ave. Suite 320 | PO Box 200130 | Helena, MT 59620-0130

Non-Discrimination Notice: The State of Montana Benefit Plan complies with applicable Federal civil rights laws, state and local laws, rules, policies and executive orders and does not discriminate on the basis of race, color, sex, pregnancy, childbirth or medical conditions related to pregnancy or childbirth, political or religious affiliation or ideas, culture, creed, social origin or condition, genetic information, sexual orientation, gender identity or expression, national origin, ancestry, age, disability, military service or veteran status or marital status. 45 C.F.R. § 92.8(b)(1) and (d)(1)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-270-3877 (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-866-270-3877 (TTY: 711).

This service is provided to you at no charge by [State of Montana Health Care & Benefits Division](#).